



The certificate has
a supplement

CERTIFICATE

This certifies that

Viunyk Olha

has passed the international internship under the program

PSYCHOLOGICAL RESILIENCE AND EFFECTIVE COMMUNICATION IN EDUCATION IN CRISIS SITUATIONS

and has developed the educational project on the topic

**Internationalization of University Activities as a Resource for Psychological
Resilience in Times of Crisis**

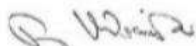
Amount: 180 hours / 6 ECTS credits

Internship period: from February 21 to April 5, 2026

Learning result: development of professional competencies

Series and registration number: CUP-0893

Dean of CoRS, UM
Professor, MScOT, EdD,
Reg Urbanowski
(Canada)



**College of
Rehabilitation
Sciences**



Academic Supervisor, UM
Dr, PhD (Psychology),
Anatolii Zhurba
(Canada)



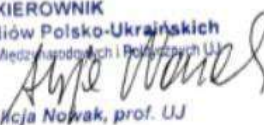
**University
of Manitoba**
Rady Faculty of
Health Sciences
Anatolii Zhurba, PhD
Visiting Researcher
College of Rehabilitation Sciences
University of Manitoba

Head of Department, UJ
Prof., Dr. hab.,
Alicja Nowak
(Poland)

KIEROWNIK

Zakładu Studiów Polsko-Ukraińskich
Wyszczególnienie: Zakład Studiów Polsko-Ukraińskich i Polonistycznych UJ

dr hab. Alicja Nowak, prof. UJ



Director of LRIPPE,
Associate Professor, PhD
Iryna Tsymbal
(Ukraine)



Head of Center of V. Dahl EUNU
Prof., Doctor of Psychology,
Zavatska Nataliia
(Ukraine)



The Certificate Supplement

CUP-0893

1. Information about the certificate holder

Surname and name **Viunyk Olha**
Birth date **15.12.1982**



**University
of Manitoba**

**Rady Faculty of
Health Sciences**

2. General information about the event

Title: Psychological Resilience and Effective Communication
in Education in Crisis Situations

Amount: 180 hours / 6 ECTS credits

Internship period: from February 21 to April 5, 2026

Form of study: distance learning

Professional development: advanced training

Participant category: researchers and educators

Learning result: development of professional competencies

Certificate issue date: April 5, 2026

Place of internship: Winnipeg, Canada



Studia Polsko-Ukraińskie
Uniwersytet Jagielloński



3. Internship organizers:

- College of Rehabilitation Sciences, Rady Faculty of Health Sciences, University of Manitoba, 771 McDermot Ave, Winnipeg, MB R3E 0T6
- Department of Polish-Ukrainian Studies of Jagiellonian University in Kraków, 4 Władysław Reymont Str., Krakow, Republic of Poland, 30-059
- Zustricz Foundation, 10A/26 Norimberska Str., Krakow, Republic of Poland, 30-376
- Luhansk Regional Institute of Postgraduate Pedagogical Education, 52A Sichovykh Striltsiv Street, Kyiv, Ukraine, 02000
- Scientific and Practical Center for Medical, Social, and Psychological Technologies at Volodymyr Dahl East Ukrainian National University, 17 Ioanna Pavla II Street, Kyiv, Ukraine, 01042
- NGO Sobornist, temporary location 52A Sichovykh Striltsiv Street, Kyiv, Ukraine, 02000

4. Professional competencies gained by the participants:

- Communicative competence: effective interaction in crisis situations, conflict management, empathetic listening;
- Psychological competence: mastery of methods for assessing, preventing, and overcoming the effects of stress and burnout;
- Pedagogical competence: creating a safe learning environment that supports the mental health of students and colleagues;
- Organizational competence: developing models of psychological support and internal interaction within the team.



5. Evaluation scheme

Grade	Points	ECTS
Excellent	90-100	A
Good	83-89	B
	75-82	C
Satisfactory	63-74	D
	50-62	E
Unsatisfactory	21-49	Fx
	0-20	F

6. Detailed information about the educational components and the internship results

№	Name of the training module	ECTS credits	Hours	Points	Grade	ECTS grade
THE MAIN PART						
1	Psychological resilience and communication strategies in crisis situations: global context and Ukrainian challenges	0,6	18	93	excellent	A
2	Trauma, Recovery, and Resilience: Understanding PTSD in the Educational and Academic Community	0,9	28	94	excellent	A
3	Conflict Management Skills. Development of Coping Strategies	0,8	24	92	excellent	A
4	Fundamentals of Psychological Resilience of an Individual in Crisis Situations	0,7	20	94	excellent	A
INDIVIDUAL PART						
5	Project Development and Implementation of a Model of Psychological Resilience for Teaching Staff in Crisis Situations. Testing	3	90	98	excellent	A
	Project topic: Internationalization of University Activities as a Resource for Psychological Resilience in Times of Crisis			95	excellent	A
Final mark		Total		94	excellent	A
		6	180			

7. Conditions for obtaining a certificate

The certificate and the certificate supplement (in electronic format) are awarded to **Viunyk Olha** (CUP-0893) who has completed 180-hour training, completed the tasks provided by the program, answered the tests (over 50% of correct answers), the educational project was prepared and defended.

International Internship Academic Supervisor
Dr. Anatolii Zhurba, PhD (Psychology), College of Rehabilitation Sciences, Rady Faculty of Health Sciences,
 University of Manitoba (Canada)

 University of Manitoba
 Rady Faculty of Health Sciences
 Anatolii Zhurba, PhD
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